



ATTESI[®]
cultura en transición

EMUNAHEALING RETREAT

Spiritual Healing Retreat for Women

TUESDAY - THURSDAY, FEBRUARY 17-19

Rosh Chodesh Adar



Rebbetzin Chana Bracha Siegelbaum

Meet the Rebbetzin



- BORN IN DENMARK
- FOUNDER AND DIRECTOR OF MIDRESHET B'EROT BAT AYIN: HOLISTIC TORAH FOR WOMEN IN THE LAND OF ISRAEL
- PRACTICES AND TEACHES EMUNA HEALING (SPIRITUAL HEALING ROOTED IN THE TORAH)
- ACCLAIMED TORAH TEACHER OFFERING TEXTUAL STUDIES IN CUTTING-EDGE TOPICS INTEGRATED WITH JEWISH MYSTICISM
- AWARD-WINNING AUTHOR OF 11 BOOKS, INCLUDING PARASHA MEDITATIONS FOR SPIRITUAL RENEWAL AND STRENGTHENING COMMUNICATION WITH THE CREATOR, AND SEVERAL WORKS FOCUSING ON JEWISH FEMININITY



Retreat Highlights



EmunaHealing

- Opening the Spiritual Channels
- Healing with Energy Balls
- Opening Spiritual and Emotional Blocks



Tapping into the Spiritual Energy of the Month of Adar

- What is the Torah's view on Astrology?
- Hebrew letter, tribe, sense, and organ of the Month of Adar
- Singalong & joyful dance celebration



Gemstones in the Torah

- Use of Gemstones in the Torah
- Connection Between the 12 Tribes and their Gemstones
- Using Gemstones for Healing



Location and stay



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ATTESI LODGE IS LOCATED IN VILLA DE ALLENDE, STATE OF MEXICO, 90 MINUTES FROM MEXICO CITY. IT OFFERS YOU A BEAUTIFUL AND QUIET NATURAL ATMOSPHERE TO GET IN TOUCH WITH YOURSELF AND HASHEM

Includes:

- **Luxury Glamping**
- **Organic garden**
- **Medicinal herbs**
- **Interactive farm**
- **Farm to table and Kosher food**
- **Edible forest**
- **Campfires, Sweat Lodge, and much more**



Kashrut Standards

- **Meat & Poultry:**

Always KMD certification, and Beit Yosef shechitah, which is accepted in the Mexican Chareidi community as the most stringent kosher certification.

- **Milk & Dairy:** Always Chalav Yisroel.

- **Bread:** Always Pas Yisroel.

- **Greens / Leafy Produce:**

Leafy greens are sourced from our garden when available. Otherwise, produce will follow halachically accepted checking practices.

- **Hechsherim:**

Food products will carry reliable national or Chareidi-accepted certifications (e.g., OU, Chassidish Hashgachot).

- **Special Dietary Needs:**

Many gluten-free and dairy-free options are available under reliable hashgachot.

ALL FOOD IS FRESHLY MADE WITH A HOLY G-D FEARING MASHGIACH ON PREMISES. ALL INGREDIENTS ARE PREPARED IN A PARVE AND CHALAV KITCHEN ACCORDING TO LOCAL CHAREIDI ORTHODOX PRACTICE. WE RELY EXCLUSIVELY ON COMMONLY ACCEPTED CHAREIDI ORTHODOX HECHSHERIM IN THE COMMUNITY. WHILE THE EXACT BRANDS CANNOT BE CONFIRMED IN ADVANCE (AS IT DEPENDS ON STORE AVAILABILITY).

Retreat Take Aways

- MENTAL AND EMOTIONAL CLARITY
- CONNECTION WITH YOUR INNER LIGHT
- RENEWED ENERGY AND INNER PEACE
- TOOLS TO CONTINUE YOUR GROWTH AND HEALING PRACTICE
- EMUNAHEALING CERTIFICATE



For More Information

Carol Mondlak: 52 55 5109 1176

Margie Cattan: 52 55 8535 3304

Registration

[https://www.berotbatayin.org/emun
ahealing-tour-2026/](https://www.berotbatayin.org/emun
ahealing-tour-2026/)

RETREAT RATES INCLUDES WHOLESOME MEALS & TRANSFORMATIVE PROGRAM

REGULAR RATE: \$899 FULL RETREAT
(TUESDAY FEBRUARY 17- THURSDAY, FEBRUARY 19, 2026)

EARLY BIRD RATE: \$799 (UNTIL JANUARY 30)
BRING-A-FRIEND \$100 DISCOUNT.

WORK-TRADE AND ADDITIONAL DISCOUNTS
AVAILABLE FOR THOSE WHO QUALIFY

LIMITED
CAPACITY
REGISTER
NOW!

CREATE A SACRED,
HEART-CENTERED SPACE
FOR CONNECTION,
INSPIRATION, AND DEEP
FEMININE ALIGNMENT —
NOURISHING BODY,
MIND, AND SOUL.