



# EMUNA HEALING RETREAT

*Spiritual Healing Retreat for Women*

FRIDAY - MONDAY, FEBRUARY 20-23

*Access Hashem's light within!*



# **Rebbetzin Chana Bracha Siegelbaum**

## **Meet the Rebbetzin**



- BORN IN DENMARK
- FOUNDER AND DIRECTOR OF MIDRESHET B'EROT BAT AYIN:  
HOLISTIC TORAH FOR WOMEN IN THE LAND OF ISRAEL
- PRACTICES AND TEACHES EMUNAHEALING  
(SPIRITUAL HEALING ROOTED IN THE TORAH)
- ACCLAIMED TORAH TEACHER OFFERING TEXTUAL STUDIES IN  
CUTTING-EDGE TOPICS INTEGRATED WITH JEWISH MYSTICISM
- AWARD-WINNING AUTHOR OF 11 BOOKS, INCLUDING  
PARASHA MEDITATIONS FOR SPIRITUAL RENEWAL AND  
STRENGTHENING COMMUNICATION WITH THE CREATOR, AND  
SEVERAL WORKS FOCUSING ON JEWISH FEMININITY



# **Yehudith Geni Chana Girshberg**

## **Meet Our Hostess**



- BORN IN PITTSBURGH, PA. RAISED IN QUEENS, NY.
- TRUE NOMAD, TRAVELING AND LIVING IN MANY PARTS OF THE WORLD, INCLUDING HONG KONG.
- DISCOVERED HASHEM AT AGE 50.
- CONSTANT STRIVING TO UNDERSTAND MY/OUR TRUE PURPOSE FOR BEING IN THIS LIFE.
- LOVE TO SERVE HASHEM AND HELP OTHERS TO UNDERSTAND THE SOD BEHIND THE WORDS IN THE PARSHA AND HOW IT CAN HELP US BE BETTER JEWS.
- HAPPILY HOSTS MANY SHABBATH GATHERINGS.
- THRIVE ON GIVING TORAH CLASSES AND HOSTING MANY OTHER CLASSES FOR THE LOCAL COMMUNITY.
- OWNER OF DELA ROSA REAL FOODS AND VINEYARDS, WHERE PURITY, QUALITY, TASTE, AND KOSHER-HEALTHY STANDARDS ARE NEVER COMPROMISED.



# **ChanaLeah Sell-Nunez**



## **Meet Our Hostess and Maleve Malka Co-Facilitator**

- **MOTHER, MENTOR, PROFESSIONAL MUSICIAN**
- **HER POWERUP PRESENTATION OFFERS A HEALING ENVIRONMENT AND HIGH-ENERGY EXPERIENCE**
- **THROUGH HER MUSIC, SINGING, AND ENERGY CHANALEASEH GUIDES US TO TAP INTO THE POWER OF SIMCHA AND GRATITUDE**
- **ENJOY HER ORIGINAL SONGS AND POPULAR JEWISH TUNES SET TO VIBRANT SOUTH AMERICAN FLAVORS!**
- **JOIN THE DANCING AND ABSORB THE SIMCHA TO FUEL YOU ON YOUR JOURNEY!**



# **Esther Sara Weiner**



## **Meet Our Co-Facilitator**

- INTUITIVE HEALER WHO HELPS HER CLIENTS BREAK THROUGH INTERNAL — OFTEN HIDDEN— BLOCKAGES TO ACHIEVE EMOTIONAL AND SPIRITUAL GROWTH.
- DEVELOPED HER OWN UNIQUE STYLE OF UTILIZING VARIOUS HEALING MODALITIES, INCLUDING INTUITIVE GUIDANCE, TOUCH, VISUALIZATION, AND HYPNOSIS.
- THE COURSES SHE HAS TAKEN IN EMUNAHEALING HAVE FURTHER ENRICHED ESTHER SARA'S PRACTICE AND BENEFITED HER CLIENTS WITH NEW INSIGHTS.



# Retreat Highlights



## EmunaHealing

- Opening the Spiritual Channels
- Healing with Energy Balls
- Opening Spiritual and Emotional Blocks



## Uplifting and Enervating Maleveh Malka Program

- Heart-warming music that inspire inner light
- Rhythms that stir joy and connection
- Dance, smile, and recharge your spirit



## Gemstones in the Torah

- Use of Gemstones in the Torah
- Connection Between the 12 Tribes and their Gemstones
- Using Gemstones for Healing



# Location and Stay

YEHUDITH GIRSHBERG'S VILLA IS LOCATED IN THE BEAUTIFUL NEIGHBOURHOOD OF CORAL SPRINGS, WITH A LARGE TORAH-OBSERVANT AND HOSPITABLE COMMUNITY. IT OFFERS YOU A BEAUTIFUL AND QUIET NATURAL ATMOSPHERE TO GET IN TOUCH WITH YOURSELF AND HASHEM.

## Includes:

- **Comfortable Heimish lodging, shared room with only one or two other women.**
- **Wholesome, healthy, and homemade nourishment with fresh ingredients.**
- **Warm soups, colorful salads, vegetarian proteins.**
- **Communal atmosphere that nurtures connection, reflection, and mindful eating**
- **Swimming pool, Outdoor space, fire pit for kumzitz.**





ALL FOOD WILL BE PROVIDED THROUGH CERTIFIED KOSHER CATERING WITH RELIABLE HECHSHERIM. WE WORK EXCLUSIVELY WITH CATERERS AND SUPPLIERS WHO MAINTAIN HIGH HALACHIC STANDARDS AND ARE TRUSTED WITHIN THE CHASIDICHE COMMUNITY. SPECIFIC BRANDS MAY VARY BASED ON AVAILABILITY.

# Kashrut Standards

- **Meat & Poultry:**  
Always Chassidische shechitah, accepted in the Chabad community.
- **Milk & Dairy:** Always Chalav Yisroel.
- **Bread:** Always Pas Yisroel.
- **Greens / Leafy Produce:**  
Bodek or other Gush Katif-style, pre-checked packaged varieties will be used when possible. Otherwise, produce will follow halachically accepted checking practices.
- **Hechsherim:**  
Food products will carry reliable national or Chareidi-accepted certifications (e.g., OU, Chassidish Hashgachot).
- **Special Dietary Needs:**  
Many gluten-free and dairy-free options are available under reliable hashgachot.

# Retreat Take Aways

- MENTAL AND EMOTIONAL CLARITY
- CONNECTION WITH YOUR INNER LIGHT
- RENEWED ENERGY AND INNER PEACE
- TOOLS TO CONTINUE YOUR GROWTH AND HEALING PRACTICE
- DEEPENED SENSE OF SPIRITUAL ALIGNMENT
- MEANINGFUL SISTERHOOD CONNECTIONS AND FRIENDSHIPS
- EMUNAHEALING CERTIFICATE



# For More Information and Registration

[https://www.berotbatayin.org/emun  
ahealing-tour-2026/](https://www.berotbatayin.org/emun<br/>ahealing-tour-2026/)

## RETREAT RATES INCLUDES WHOLESOME MEALS & TRANSFORMATIVE PROGRAM

REGULAR RATE: \$999 FULL RETREAT  
(FRIDAY, FEBRUARY 20 TO MONDAY, FEBRUARY 23)

EARLY BIRD RATE: \$899 (UNTIL JANUARY 30)  
BRING-A-FRIEND \$100 DISCOUNT.

WORK-TRADE AND ADDITIONAL DISCOUNTS  
AVAILABLE FOR THOSE WHO QUALIFY

LIMITED  
CAPACITY  
REGISTER  
NOW!

CREATE A SACRED,  
HEART-CENTERED SPACE  
FOR CONNECTION,  
INSPIRATION, AND DEEP  
FEMININE ALIGNMENT —  
NOURISHING BODY,  
MIND, AND SOUL.